

SALT ASH PUBLIC SCHOOL 4 Salt Ash Avenue SALT ASH NSW 2318 Phone: 49826251-Fax: 49826045 Email: <u>saltash-p.school@det.nsw.edu.au</u> Positive, Respectful & Safe Learners

Tuesday 4th April 2017

Head Lice

Dear Parents & Carers

Periodically school communities need to address the issue of head lice.

This term we have had some incidence of head lice and the school holidays are a great opportunity to break the head lice life cycle. Please during these school holidays take time to check your family's hair for lice and treat if required. To do this well takes a few days (I know as I've just finished doing my daughters) so holidays are a great time to do it.

Some tips for treating head lice if you find them are.

- 1. Go to chemist and obtain treatment.
- 2. Follow directions very carefully and at the same time treat all people in the household.
- 3. While hair is damp, comb hair upwards from the scalp with a fine tooth comb, until nits are removed. The nits may come out more easily if the comb is dipped in vinegar.
- 4. Check all family's hair at least twice a week for further outbreaks.
- 5. Brush and comb hair daily and wash it often. If hair is long, keep it tied or plaited.

Working as a whole school community to break the life cycle of head lice is the key to minimising outbreaks at our school.

Thank you for your support.

Andrew Price Relieving Principal