

# Salt Ash Public School Newsletter

Respect Consideration Co-operation  
Quality Education in a unique, caring environment



Term Two – Week 10

Monday 22nd June, 2015

## Star Struck

On the Saturday of Week 8 I had the privilege to supervise our Star Struck team at the big event and then that night be part of the audience to see The Amazing Show.

I have been escorting students on excursions, camps and to special events for more than 20 years and I am not exaggerating when I say this was the most well behaved, organised, respectful and switched on group I have ever been with. Every one of the kids knew what to do, where to be and how to act. In fact they pretty much supervised me. The kids received great praise in the form of comments from show management and from other teachers around us.

The kids then went on to nail their performance and they looked tops.

A big thankyou needs to go out to everyone who helped with things like transport, costumes and moral support. Particular thanks must go to Ms Young who pulled our whole team together, our kids simply would not have had this opportunity without her efforts. Thanks Sharon!

## This Week's Assembly

If you have a chance drop in on this Friday's school assembly do so, it's a big one. We will have our regular awards plus athletics carnival awards and performances from our K-1 class and our Star Struck Team.

## First Semester Reports

Our First Semester reports will come home on Thursday. These reports provide a point in time indication on students' achievement towards syllabus outcomes as well as their application towards learning.

I encourage all parents to make an appointment with their child's class teacher to discuss student progress. Each teacher will send home a note with their most available times.

## Reading Eggs

Our school is trialling ABC Reading Eggs and Reading Express for the rest of the year. This allows students to work on their reading both at school and at home. Each student should have brought home a user name and pass word and information to allow home access. If you have any questions about Reading Eggs or Reading Express please speak with your child's teacher or Miss Nash our school coordinator.

## Premiers Spelling Bee

Exciting news for students interested in orthography (spelling). The Premiers Spelling Challenge lists will be released Monday 13th July. Our in-school spelling bee will held next term to select two students each from Stage 2 and Stage 3 to represent at regional level.

## 26 Story Tree House

The whole school is invited to attend a stage production based on Andy Griffiths' and Terry Denton's novel the 26 Story Tree House. While payment is not required until next term we do need notes returned by this Friday as this is the day we are ordering tickets.

## Athletics Carnival

Monday saw our school athletics carnival run and won on a glorious day. Our kids shone as bright as the sunshine on the day with some close fought events and some outstanding performances. Our final results will be announced at Friday's assembly. Mr Milne is responsible for our athletics carnival and he organised a great day. Thanks Craig. Thanks also to our hard working P&C who manned the BBQ and canteen, the bacon and egg sandwiches really hit the spot and helped us raise some money to support the school.

### NSW Netball Schools Cup

A new opportunity for our netballers will be available early in Term 3. The school has entered two mixed netball teams in the second year of the NSW Netball Schools Cup. This event will be held on Wednesday, 15th July (Wk 1 Term 3). The event is organised with an emphasis on fun and participation. The girls and boys have been practising hard, learning new skills and getting their heads around the rules.

### Premiers Sporting Challenge

Term 3 will also be the date that Salt Ash PS kicks-off (pun intended) their participation in the Premiers Sporting Challenge. This requires students to record time spent physically active each day for a 10-week period.

Stage 3 student Natalia Collinson has been selected as the PSC Student Leader. With the assistance of our School and House leaders, Natalia will be organising lunch time equipment and games for students from K-6 to participate in. Activity does not need to be limited to 'at school'. Afternoon sports not to mention chores, (use this to your advantage parents), can all be counted towards your weekly total.

### Small Schools Soccer KO

Our Small Schools Soccer team's Gala Day has been postponed. It has been quite difficult to reschedule a date that suits all other schools involved. Added to this the PSSA has accepted some late entries and we now have to wait for the results of these games to see who we play. At present, we are hoping to play this event late Week 2, Term 3.

### Upcoming Dates

- PSSA Soccer- Washed out game to be rescheduled for early next term, stay tuned.
- 26 Story Tree House- ticket order notes due this Friday, show Tuesday 28<sup>th</sup> July
- Reports home- Thursday
- Term 3 return to school- Tuesday 14<sup>th</sup> July

Schools are busy places so there are bound to be more dates to follow. Stay tuned!

### 2016 Enrolment

It is once again time to consider our enrolments for next year. If you know of any families who may be enrolling pupils could you please ask them to contact the school to fill out enrolment forms and return them to school. This will allow us to start planning for next year's classes.

I hope everyone has a happy, safe and relaxing holiday spending time with their families.

Regards

Andrew Price







## Children's Eye Examinations



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## Canteen News June 2015

Please find our new menu with a handy magnet for your fridge. The new menu will commence in term 3.

The canteen committee has been working hard to bring our menu to compliance with the Healthy Food Guidelines. We are required to have more than 50% of our menu as "Green" foods – a healthier choice for the kids. There are no "Red" foods allowed anymore (Hello Panda biscuits, cough lollies, lollies). We are allowed up to 49% "Amber". These food categories are determined on fibre/sugar/fat/salt contents of food as well as portion sizes. With modifications to the menu we have gone from having only 14% green foods, to now being 54% green and having no red items on the menu at all. This meets our legislative requirements for the operation of school canteens. We have purchased a new oven which we hope will make things easier for the volunteers and also give us the opportunity to cook special items.

On the new menu there has been some things removed, some modified and some new items added.

We have 2 new chicken products available; One is a cooked and diced chicken breast – 97% FAT FREE. The other is crumbed chicken chippies (goujons) - Chicken breast fingers covered in a crunchy, golden potato crumb. Both items are available in salad boxes/wraps/sandwiches. The chippies are also available as a snack with 4 chippies per pack.

Based on feedback from the kids we have added a couple of hot foods - Spaghetti Bolognese and Mac n Cheese and by popular demand we have brought back garlic bread, which we make ourselves in the canteen.

We have added seasonal fruit and some frozen fruit as a healthier alternative for kids to purchase as a snack at second half of lunch or recess.

As well, you will see Up n Go on the menu. Flavours - Chocolate/Banana/Vanilla.

We have reduced the cost of water. We feel everyone should be able to buy water at a minimal cost. However, some other prices have had to go up due to increases in cost.

From term 3, as a trial, we will be selling drinks from the green list and seasonal fruit (subject to availability) before school. This will be at the discretion of the canteen volunteers each day, depending on their workload and timing. Cut-off point will be 8.50 a.m.

As the school garden club begins to harvest produce, we hope to be able to use these in specials in the canteen.

When ordering wraps/salad boxes/sandwiches/burgers, please specify EXACTLY what your child wants, so our canteen volunteers can customise your child's order to meet their tastes. We have also streamlined the pricing of these items to hopefully remove confusion for parents and the volunteers.

Copies of the menu will be available at the canteen, in the office, on Facebook and the school website.

We have reusable lunch order bags available for sale in the canteen in a variety of colours for \$9.

**We would like to take the opportunity to thank the handful or hardworking volunteers who give their time to keep the canteen running for the whole school, BUT WE DON'T HAVE ENOUGH. We are faced with the possibility of having to close the canteen due to the lack of helpers. We understand how busy everybody is and while you may not be able to spare the whole day, often the volunteers would really appreciate a hand counting the money out of the order bags first thing. It's quite time consuming and if you are able to duck in for 15 minutes to help with this, or to help unpack deliveries, it would make a huge difference.**

Please speak to our canteen coordinator Bree Mitchell if you are able to help. Or pop into the canteen.

Any feedback or questions can be left in the yellow lunch order box on canteen days, or contact us on our Facebook page.

Thank you for supporting Salt Ash Public School Canteen.

Kind Regards,

Salt Ash Public School P & C